

Create a "happy" Rock Garden

Steps to help create a
community rock garden

Basic Information

Happy rocks have many names, kindness rocks, positive rocks, sharing stones... but they serve the same purpose, to share positivity to others!

Creating the Garden

- Pick a spot that you can access and that you are allowed to leave rocks on. While creating a rock garden at the park makes sense, you need permission for that. You can try to talk to the leaders of your community to get permission or you can create a garden in a corner of your home, with parental permission of course. Choose a spot that is easily seen and easy to get to.
- Create a sign or paint a rock with the name and directions of the garden. For instance, you could paint a rock that reads, "Happy Rock Garden" and another one that reads, "Take a rock, leave a rock". This will help others know what the garden is for and what they can do to contribute.
- Now paint your rocks! Choose your designs and paint your rocks to put in your new garden. Don't be surprised if your rocks disappear, this means that people enjoy your rocks. Know that you might put more rocks in your garden than others, but this is your garden, so tend to it with love, while thinking of others. Lastly, winter months may not bring many visitors, however, warmer months might bring a lot!



Tell Others

Let others know about your rock garden. Enlist the help of family and friends. Have a rock painting party or even do a rock painting zoom party! These are ways to spread the word of your garden but also to help others think about kindness as well!

Don't Give Up

It might be hard to keep your garden, but don't give up. Your happy rock garden doesn't always have to have tons of rocks, just paint a few when you can. Remember why you are doing this, to give back and to have fun in the process! You Rock!

